

2025 PRMR Roundtable Measure Summary

Measure Title
Well-Being Signs (WBS)
Measure Steward
Veterans Health Administration
Administration and National Health Care Priority
<p>Priority Topic Area: Well-being</p> <p>Rationale for Consideration: CMS is considering this measure because it could fulfill the Administration’s priorities, including those outlined under the Making America Healthy Again (MAHA) initiative. MAHA reflects a shift toward patient-centered care, emphasizing primary, secondary, and tertiary prevention; patient empowerment; nutrition and physical activity; and improvements in overall well-being and quality of life.</p>

Measure Overview	
<p>Measure rationale: This measurement approach aligns with the need for whole person/well-being oriented outcomes in the health-care setting. It encourages a focus on addressing what matters most to patients in clinical care, extending the focus beyond disease-oriented outcomes alone.</p>	
<p>Measure history: New measure never reviewed by Measure Applications Partnership (MAP) Workgroup or Pre-Rulemaking Measure Review (PRMR); never used in a Medicare program.</p>	
<p>Numerator: All active users in settings checked above who completed the measure.</p> <p>Exclusions: N/A</p>	
<p>Denominator: All active users in settings checked above.</p> <p>Exclusions: N/A</p> <p>Exceptions: N/A</p>	
<p>Measure is a composite: No</p> <p>Measure is a paired measure: No</p> <p>Measure is a survey measure: No</p> <p>Measures is a digital measure and/or an eCQM: No</p>	<p>Measure type: Patient-Reported Outcome Performance Measure (PRO-PM) or Patient Experience of Care</p>
<p>Level of analysis: Clinician: Individual</p> <ul style="list-style-type: none"> Settings where measure was tested: Ambulatory/office-based care Behavioral health clinic Long-term care hospital 	<p>Data source(s):</p> <p>Digital-Applications: Patient-Reported Health Data or Survey Data (electronic)</p> <p>Digital-Electronic Health Record (EHR) Data</p>

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Measure Overview	
<ul style="list-style-type: none"> • Nursing home • Skilled nursing facility • Veterans Health Administration facility 	
CBE endorsement status: Not Endorsed	CBE endorsement history: Never Submitted

Evidence
<p>Type of evidence to support the measure: Empirical data; Peer-Reviewed Original Research</p> <p>Summary of evidence: An initial evaluation of the WBS provided evidence that this tool was reliable, valid, and able to capture meaningful changes in patient wellbeing over time. There was good variability in how a sample of approximately 300 Veterans Health Administration (VHA) patients responded to WBS items, and the internal consistency reliability of the measure was strong. In addition, total WBS scores correlated highly with other brief measures of related wellbeing concepts but were not found to be redundant in content focus. WBS scores also increased significantly for patient groups expected to show improvement over time, providing preliminary evidence that the measure can capture expected changes.</p> <p>A subsequent evaluation at four VHA facilities revealed several areas for minor refinements to enhance the measure’s acceptability to health care team members and patients. These areas included shortening the instructions, streamlining items, and simplifying response options.</p> <p>Another wave of psychometric testing with a new sample of 312 patients revealed that the refined measure retained good psychometric quality, including good variability in responses, high internal consistency, moderate to high correlations with other well-being measures, and good discrimination between subgroups expected to differ in well-being. Results revealed relatively high consistency in scores over time for the entire sample, providing evidence for the measure’s test-retest reliability. Meaningful changes were observed for those expected to experience changes in well-being over time, providing evidence for the measure’s sensitivity to change. Psychometric testing did not support the use of individual items as stand-alone indicators of participation, functioning, and satisfaction, leading to the recommendation to use only total WBS scores.</p>

Feasibility
<p>eCQM feasibility testing/analysis conducted: Not an eCQM</p> <p>Feasibility: Measure developers report that all data elements for this measure are in defined fields in electronic sources such as the EHR. The developers report that no workflow modifications were required for the collection of data needed for this measure. United States Core Data for Interoperability (USCDI/USCDI+) Quality alignment was not assessed during measure development.</p>

Performance in Program

This measure is not currently in use in CMS programs. Therefore, there is no prior performance to assess.