
CBE ID

3532

Title

Discouraging the routine use of occupational and/or supervised physical therapy after carpal tunnel release.

Endorsement Status

Endorsed

Is Under Review

No

Next Maintenance Cycle

Fall 2026

Previous Endorsement Cycle

Fall 2020

Initial Endorsement

Wed, 06/30/2021 - 00:00

Steward

American Academy of Orthopaedic Surgeons

1.0 New or Maintenance

Maintenance

1.1 Measure Structure

Single Measure

1.3 Electronic Clinical Quality Measure (eCQM)

No

1.6 Measure Description

Percentage of patients 18+ with carpal tunnel syndrome who received surgical carpal tunnel release, and who should not routinely be prescribed postoperative physical and/or occupational therapy within 6 weeks after release.

1.7 Measure Type

Process

1.8 Level of Analysis

Clinician: Individual, Facility

1.13 Data Dictionary

Not attached. I attest that all information will be provided where codes and/or value sets are needed (1.14a - 1.15c).

1.14 Numerator

Number of patients with carpal tunnel syndrome, who underwent carpal tunnel release, and who did not receive postoperative hand, physical therapy (low, moderate, or high complexity) and/or occupational therapy (low, moderate, or high complexity) within 6 weeks (42 days) of the carpal tunnel release.

1.15 Denominator

Patients 18 years or older, with a diagnosis of carpal tunnel syndrome, undergoing carpal tunnel syndrome release.

1.20 Types of Data Sources

Claims Data

6.1.2 Current or Planned Use(s)

Payment Program, Quality Improvement with Benchmarking (external benchmarking to multiple organizations), Quality Improvement (Internal to the specific organization)

6.1.3 Current Use(s)

Payment Program, Quality Improvement with Benchmarking (external benchmarking to multiple organizations), Quality Improvement (Internal to the specific organization)

Exclusions

N/A

Measure Disclaimer

N/A.

Planned Use

Payment Program, Quality Improvement (Internal to the specific organization)

Risk Adjustment

No risk adjustment or risk stratification

The measure developer is different from the measure steward

No

Steward Organization

American Academy of Orthopaedic Surgeons

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